

*I Memorial Gabriele Marchei*  
PRESTAZIONI DI RIFERIMENTO

## DONNE

Specialità Categoria	100m	200m	400m	800m	1500m	3000m	alto	lungo	disco	peso	martello	giavelotto
MF35	12"15	24"12	52"75	2'07"46	4'09"61	8'52"60	1,82m	6,64m	62,94m	18,81m (kg 4)	53,93m (kg 4)	50,94m (gr.600)
MF40	12"88	26"00	58"83	2'13"94	4'27"90	9'28"83	1,60m	5,41m	51,48m	16,52m (kg 4)	45,68m (kg 4)	46,56m (gr.600)
MF45	12"95	27"75	1'04"05	2'23"27	4'52"90	10'27"75	1,50m	4,98m	40,00m	10,11m (kg 4)	39,46m (kg 4)	41,05m (gr.600)
MF50	13"99	28"97	1'06"74	2'28"77	4'53"89	10'36"35	1,40m	4,30m	33,99m	11,36m (kg 3)	41,74m (kg 3)	35,76m (gr.500)
MF55	14"51	30"44	1'12"57	2'32"14	5'08"27	10'55"74	1,34m	4,10m	28,32m	11,12m (kg 3)	35,25m (kg 3)	24,45m (gr.500)
MF60	15"00	31"15	1'14"23	2'56"66	5'56"55	12'24"40	1,23m	3,87m	25,05m	10,23m (kg 3)	31,98m (kg 3)	26,86m (gr.400)
MF65	15"42	33"20	1'17"10	3'10"18	6'03"65	12'55"55	1,17m	3,29m	24,82m	9,10m (kg 3)	26,60m (kg 3)	23,82m (gr.400)
MF70	16"38	34"03	1'22"08	3'21"35	7'02"65	14'44"24	1,08m	2,57m	20,16m	7,72m (kg 3)	22,84m (kg 3)	19,05m (gr.400)
MF75	21"76	47"91	1'51"26	4'34"81	9'37"10	20'11"91	1,00m	2,00m	17,48m	6,92m (kg 3)	20,73m (kg 3)	17,45m (gr.400)
MF80	23"49	52"53	2'02"92	5'06"07	10'45"81	22'49"11	0,95m	2,00m	14,22m	6,00m (kg 3)	18,00m (kg 3)	17,32m (gr.400)
MF85	25"37	57"59	2'15"91	5'41"13	12'03"19	25'40"39	0,95m	2,00m	11,83m	5,19m (kg 3)	15,65m (kg 3)	9,39m (gr.400)
MF90	27"40	1'03"14	2'30"27	6'20"18	13'29"78	28'52"92	0,95m	2,00m	6,66m	3,95m (kg 3)	13,00m (kg 3)	6,34m (gr.400)

## UOMINI

Specialità Categoria	100m	200m	400m	800m	1500m	5000m	alto	lungo	disco	peso	martello	giavelotto
MM35	10"20	20"68	46"86	1'50"66	3'45"69	13'48"62	2,16m	7,59m	63,66m (kg 2)	20,17m (kg 7,257)	68,16m (kg 7,257)	73,23m (gr.800)
MM40	10"53	21"59	47"82	1'56"18	3'56"93	14'09"25	2,04m	6,68m	62,16m (kg 2)	19,07m (kg 7,257)	57,61m (kg 7,257)	67,93m (gr.800)
MM45	11"12	23"05	52"02	1'59"92	4'04"55	14'59"16	1,94m	6,54m	51,70m (kg 2)	15,78m (kg 7,257)	55,49m (kg 7,257)	65,16m (gr.800)
MM50	11"55	23"51	52"89	2'04"85	4'20"25	15'28"96	1,84m	6,29m	54,92m (kg 1,5)	14,65m (kg 6)	55,61m (kg 6)	55,45m (gr.700)
MM55	12"07	24"69	54"57	2'09"25	4'26"95	16'03"52	1,77m	5,73m	51,58m (kg 1,5)	14,43m (kg 6)	52,28m (kg 6)	43,17m (gr.700)
MM60	12"25	25"68	58"77	2'17"05	4'33"57	16'36"99	1,60m	5,45m	57,86m (kg 1)	13,77m (kg 5)	53,28m (kg 5)	54,10m (gr.600)
MM65	12"85	26"34	1'03"29	2'21"95	4'53"35	17'33"68	1,46m	4,94m	54,93m (kg 1)	13,38m (kg 5)	49,41m (kg 5)	45,76m (gr.600)
MM70	13"62	28"50	1'08"90	2'36"95	5'17"05	18'34"72	1,36m	4,59m	47,70m (kg 1)	13,68m (kg 4)	49,55m (kg 4)	41,00m (gr.500)
MM75	14"16	29"89	1'10"85	2'48"30	5'41"21	20'02"28	1,31m	4,48m	37,74m (kg 1)	10,98m (kg 4)	38,89m (kg 4)	39,80m (gr.500)
MM80	15"01	31"63	1'15"98	3'10"97	6'36"03	23'23"42	1,18m	3,98m	33,56m (kg 1)	10,32m (kg 4)	33,67m (kg 4)	23,04m (gr.400)
MM85	16"15	34"24	1'28"05	3'41"10	7'52"20	28'12"70	1,02m	3,58m	31,88m (kg 1)	9,28m (kg 4)	26,08m (kg 4)	20,05m (gr.400)
MM90	17"05	38"12	1'42"00	4'14"00	9'28"00	34'28"00	0,95m	3,07m	23,15m (kg 1)	7,66m (kg 4)	20,93m (kg 4)	18,93m (gr.400)

