

## Le abitudini alimentari degli inglesi

Leggi il brano poi rispondi alle domande

British people have three meals a day: **breakfast** is served in the morning and it is not a light meal.

It can be served with eggs and bacon, sausages, tomatoes or with cereals, toasted bread and jam, fruit juice or yogurt with a cup of coffee or tea.

**Lunch** is a light meal. Children eat it at school and working people eat sandwiches or hamburgers in pubs or fast-foods or at their working place.

Afternoon tea is served at five o'clock with cakes and small sandwiches.

**Dinner** is the main meal. A typical evening meal is soup, a meat dish with vegetables and dessert. Fruit juice or water is drunk and coffee or tea is served at the end of the meal.

How many meals a day have British people?

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Do they have a light meal?

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Where do children and working people have their lunch?

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Do the British drink wine with their meals?

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